

We are Nature.



FAQ Guide

The We Are Nature: Action Research Project pack is designed to support young people to connect with nature, and to make a positive change in their local community.

Who is the pack for?

This resource has been designed for young people from 8 – 18 years old, but can be adapted for a broader age range if required (it also works for adults who are inspired to take part!).

It can be used by school pupils or those learning at home, as well as extra-curricular clubs, youth groups, uniformed groups, Duke of Edinburgh, Youth Parliament meetings, student councils and more.

How should the pack be used?

Young people can use the pack in whichever way works best for them – whether that's writing in it, drawing or doodling in it, sticking in cut outs and photos, or taking the concept and adapting it in their own notebooks or online documents.

Young people can choose to work individually on their projects, or in groups, although it is recommended that groups don't exceed 3 people.

Particularly with younger age groups, we recommend that a supervising adult checks in on the projects throughout each stage to offer advice, support, and insight where necessary.



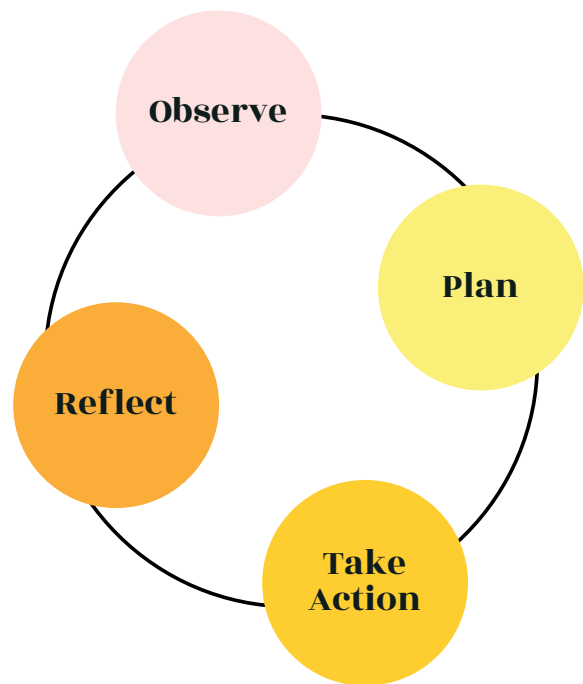
What is an "action research project"?

Action research is a way of bringing about change by taking action.

It is different to many other types of research because the researcher takes part in the action, which takes place in a real-life setting.

Action research usually follows a four-step process of:

- **Observing** what is happening
- **Planning** what you are going to do about it
- **Taking action** by putting your plan into practice
- **Reflecting** on what happened and thinking about what you could do next



These steps are often repeated – with the reflections and observations from one action research phase feeding into plans and actions for another research phase.

This means that the researcher can use what they have learned to keep improving the actions they take.

This pack has been designed using the principles of action research to support young people to undertake their own projects and take action in local communities.

What type of action is required?

There is no "right" or "wrong" way of taking action for this project – in fact young people should be encouraged to explore whichever actions feel most personal to them: whether they love arts, science, languages or humanities, they all have the power to make a positive difference.

Whether they choose to design a bee hotel, start a litter picking campaign, or compose a piece of music which captures the voice of their local natural space – they should approach the topic in a way that most inspires them.

We would recommend that a supervising adult is on hand throughout the project to ensure that young people are choosing safe, achievable and realistic actions.

How long should a project last?

The projects can take place over any length of time – whether over a week, month, term, or year. The project is not time specific, so it can take place at any time of year.

However, this pack has been designed to complement our Global Learning Wall Planner, with the idea that it can be completed over the course of one term, with one section being completed per month.

What happens next?

Reboot the Future will be releasing two more action research project packs over the course of the next year, which follow the themes of our Global Learning Wall Planner:

- We Are Nature (Autumn term)
- We Are Together (Spring term)
- We Are The Future (Summer term)

These can be used in isolation, or as follow-up projects to this initial one. They can take place in any order.

How can I share the work that is created?

We would love to see images of your young people's completed packs, as well as photographs of their projects in action. You can share them with us by:

- Tagging us on social media at @futurereboot and @globaldimension
- Emailing us at info@globaldimension.org.uk

Can I reproduce the pack?

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We host an education platform called Global Dimension, which brings together a **calendar of global events** and a vast **library of free resources** exploring issues from climate breakdown, to migration and democracy.

We also release a **monthly newsletter**, The Globe, which goes out to over 17,000 subscribers – offering themed class activities, featured resources, global days and event opportunities.

Find out more at **www.globaldimension.org.uk** or follow us on Twitter, Instagram and Facebook at **@globaldimension** and **@futurereboot**.



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