

WE ARE ANTARCTICA

AGE 14+
CONVERSATION PACK

Background

We are all connected.

Human activity – like burning fossil fuels, cutting down forests, polluting air and water, and over-relying on single use plastic – is **harming wildlife and damaging ecosystems** around the world.

Even though Antarctica may feel far away, **our actions are affecting her**. Scientists have warned that Antarctica's largest glacier may have just 5 years left until it breaks apart^[1], raising sea levels by 2 – 10 ft in centuries to come.

But with no humans living there full-time, **who will protect her?**

We are Antarctica.

Reboot the Future have teamed up with Jack Harries and Earthrise Studio on a campaign which invites you to reimagine your position as part of Earth's great ecosystem.

Through a combination of film and conversation, **explore your connection with Antarctica and the wider natural world**, and help to create a roadmap for a better future.



[1] <https://cires.colorado.edu/news/threat-thwaites-retreat-antarctica%E2%80%99s-riskiest-glacier>

Let's talk about Antarctica

This pack will support you in holding a conversation about Antarctica, and creating a roadmap for a better future.

How:

- Set aside approximately **one hour** to hold the conversation
- Follow the steps below:

1. Watch

Gather your group and **watch We Are Antarctica** – a short film created to help people explore their relationship with Antarctica and consider their role in her future.

2. Talk

After watching the film, **talk about how it made you feel**, and use our connection cards to explore your connection to Antarctica and the natural world.

3. Take Action

Finish by asking each person to **share one action they feel inspired to take** for our future.

Their Pledges for the Planet will be taken to COP27 – a global climate conference in Egypt.



1. Watch the film



Watch the short film 'We Are Antarctica', created in collaboration with Earthrise Studio, **to take your group on a journey** through our shared history with Antarctica and to the heart of the threats she faces due to climate change.

How:

- Gather your group around an internet-connected screen
- Go to the [We Are Antarctica Campaign Hub](#) or click on the image below
- Press play! (The film is around 8 minutes long)



2. Start a conversation



After watching the film, talk about **how it made you feel**, and use our **connection cards** to explore your connection to Antarctica and the natural world.

How:

- Before you begin, cut out the cards on page 7, [download a PDF pack](#), or [purchase your own deck of Connection Cards](#)
- After watching the film, run through the Good Conversation tips below.
- Split the group into pairs or threes, and distribute the questions between them.
- Give the pairs 5 minutes to discuss their question.
- After that time, swap questions and partners.

Tips for a Good Conversation

The best conversations happen when we are curious, when we don't need to find the correct answer but have time to explore what we think and feel.

Agreeing to stick to these 3 agreements will make everyone feel comfortable and encourage conversation to flow.

1. Be open minded

We are here to connect
freely without judgement

2. Keep it confidential

What is said here stays
here

3. Listen deeply

Pay attention and take
interest



3. Take action



We all have skills and abilities that can make the future better for everyone.

After finishing the conversations, ask everyone to share one action that they can take to create a better future.

How:

- Remind everyone that we all have the skills and abilities to make the future a better place for all life on this planet.
- Ask everyone in the group to make their own pledge for the planet by completing the sentence 'I will...'
- Visit bit.ly/iwill_antarctica to share your pledges for the planet, or print and fill out copies of the card below and share photographs on social media at @futurereboot.
- If your group want **to take further action**, you can use the [We Are Nature Project Pack](#) to start projects in your local area.

What action do you feel inspired to take, to care for and protect the planet?

I will...

Age: _____ Nationality: _____



<p>Where is your favourite place outside in nature?</p> <p>What is your best memory there?</p> <p>How do you feel when you are there?</p>	<p>If Antarctica was able to speak to us, what would she say?</p> <p>How would she like to be treated?</p> <p>How can we share her message with other people?</p>	<p>A lot of us are used to travelling quickly between places, using cars and transport which burn fossil fuels.</p> <p>What other options are available to you now?</p> <p>What other options could exist in the future?</p>
<p>Who should be responsible for looking after animals, plants, and places that can't speak for themselves?</p> <p>How can people look after animals, plants and places?</p> <p>How can people speak for them?</p>	<p>What do places like oceans, rainforests, deserts and mountains have in common with each other?</p>	<p>Did you know that human activity, like burning fossil fuels, dumping plastic, and polluting our air and water, is affecting Antarctica.</p> <p>Can you name one thing that you do which might affect Antarctica?</p> <p>Can you name one thing you could change to protect Antarctica?</p>
<p>What are you good at doing?</p> <p>What do you love to do?</p> <p>How could you use these abilities and skills to help our planet?</p>	<p>Imagine opening your front door in the morning and stepping outside into a beautiful world.</p> <p>What can you see?</p> <p>How are people treating each other?</p> <p>How are people treating the planet?</p>	<p>What natural resources should we protect and why?</p>

Reboot the Future are a non-profit organisation, who believe **a better future is possible if we treat others and the planet as we'd wish to be treated.**

We host an education platform called Global Dimension, which brings together a **calendar of global events** and a vast **library of free resources** exploring issues from climate breakdown, to migration and democracy.

We also release a **monthly newsletter**, The Globe, which goes out to over 17,000 subscribers – offering themed class activities, featured resources, global days and event opportunities.

Find out more at **www.globaldimension.org.uk** or follow us on Twitter, Instagram and Facebook at **@globaldimension** and **@futurereboot**.