



## The Golden Rule – stand where you believe

*Treat others and the planet as you would wish to be treated.*

In this 15–25 minute activity for tutor time or PSHE, learners move around the classroom space to reflect on how they would react to some scenarios, giving justified opinions where they can about their choices. Each scenario gives learners the chance to say what they would do differently to apply the golden rule, giving them ideas for how they can use it in their everyday lives.

### Learning objectives

- Learners examine scenarios in everyday life that relate to building caring and respectful relationships
- Learners use justifications to express their opinions about each scenario and reflect on the value of applying the golden rule

### You will need

- Four signs displayed in four corners or areas of the classroom saying:
  - **What's the big deal?**
  - **That's OK**
  - **That's not OK**
  - **It's up to you and no one can tell you what to do**

### Activity

Tell learners that they are going to hear some scenarios, and they should listen carefully to each one, and then go and stand in the place in the room next to the statement that best reflects their reaction to it. After they move to their chosen response, ask them:

- *Why have you chosen to stand there?*
- *Does anyone disagree with what's been said?*
- *Would you do something differently?*
- *How might this scenario end differently if you applied the golden rule to it – that we should*

*treat others and the planet the way we want to be treated?*

Learners could try to justify their opinions or even try to convince their peers to move. For those who have chosen 'that's not OK', encourage them to think about what they would do instead.

Finally, remind learners that if we apply the golden rule in our everyday lives it can help us create a more pleasant and peaceful school and home.

### Suggested scenarios

[These are suggestions to get you started – can you and your class think of others?]

*You're in the playground at lunchtime when someone calls a boy in your class ugly. You know it's not very nice to say that, but he's not your friend, so you don't say anything.*

*You are at the park one day sharing a bag of sweets with a friend. When you finish them, you look around for a bin and there isn't one, so you leave the empty pack on the ground in the hope that the local council will get the message and install a new bin.*

*You've volunteered to look after the school hamster over the holidays, but you've forgotten you're going to your grandparents' for two weeks. You top up her food, and hope for the best.*

*You're outside with some friends at breaktime and notice someone standing on their own looking sad. You're about to ask them if they want to join in, when your friend stops you. Your friend says that some people in the class have decided not to speak to them any more because they've heard from someone else that this person was rude about one of your friends.*

