

# 1WORLDNEWS

Discover more about the world

Issue 6



BRINGING THE UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS TO LIFE SO THAT WE CAN TRANSFORM OUR WORLD



## Change doesn't just happen...

As much as we may all, like to wish things were better, simpler, easier or fairer the truth is that if we want change, we need to make it happen.

In a time when we can do anything, it is time for us all to do something. No longer can we afford to say; 'It's not my problem' or 'who cares'.

Although, the idea of being able to change the world, may seem a little out of our reach or comfort zone, the reality is, the sustainable development goals, present each and every one of us, with an opportunity to get involved and be part of a solution that will see us secure a sustainable future, not just for us, but for mankind...

Yet, before we embark on a journey to save the world and uncover mysteries of distant places, habitats, environments and more. We need to focus our attention on the place we call 'home'.

The truth is, it really doesn't matter if you live on a street in America, London, China or Rome or, for that matter whether you live in the country, the heart of a city, a village or town.

Because, the where is irrelevant, it is the 'what' we call home that is important.

Working with friends, local organisations, charities or community leaders you can really start to make a difference to the lives of those who live and work in your immediate area and these small actions, are what makes change happen and as you take the first step, you are actually empowering others to do the same.



In fact everywhere we look there are pockets of positive change and, the good news is, it's growing.

The future really is in our hands and it requires a new way of thinking so that we can work collectively and collaborate, sharing knowledge that will enable us to develop a more sustainable, just and more enriching world so that no man, woman or child is left behind.

The reality is we are all capable of great things, we just need to stop wishing, thinking dreaming and just start doing. And, like everything it starts when you take the first step.



No matter what people tell you, words and ideas can change the world:

**Robin Williams**

**So what will you do today to help ensure that we all have a brighter tomorrow...**

**REMEMBER: Do more than belong: PARTICIPATE**

WHAT WILL YOU DO TODAY? GET IN TOUCH. WRITE FOR US. MAKE A DIFFERENCE.

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## Ways to make change happen...

- 1 Volunteer - Giving up our time to help others is a not just a great thing to do, it is really rewarding so try it today!
- 2 If you want to help raise some funds, why not look to host a sponsored sing a long, silence or walk. Ask us how
- 3 If you love the outdoors, why not put some love into some unused land and plant some veg - Don't forget to look after our pollinators and plant some wildlife friendly plants. Need some help?
- 4 Start a community composting scheme.
- 5 Start a veg co-operative and help put an end to #foodpoverty
- 6 If you love to bake, hold a cake sale or coffee morning.
- 7 Lonely? Start a community knitting, walking or reading club.
- 8 Empty spaces? Plant a tree - the world needs trees.
- 9 Fed up with stuff! Start a share shed.
- 10 If you have finished with something pay it forward! It may not have the latest app or be the very best but it could be someone elses treasure...

**Don't forget whatever you do something that will make you smile...**

## IF YOU WANT TO KNOW MORE, MAKE SURE YOU SIGN UP TO RECEIVE ALL OUR NEWS AND REPORTS...

### True reconciliation starts with you and I...

**Meet PJ Cole one of the One Young World ambassadors who, is making a life by making a difference to the lives of others...**

Imagine you survived fighting as a child soldier during an 11-year civil war, and then escaped the killer Ebola virus in young adulthood, only to face a future ravaged by climate change and economic desolation.



More than a generation of young Sierra Leoneans have grown up in the shadow of death, yet PJ Cole remains convinced that these "victims can become victors". And he should know, having grown up in a household of former child soldiers who were rescued from the streets by his compassionate father, the late Reverend Richard Cole.

Now aged 30, PJ - is helping these battle-scarred young individuals on a path to becoming teachers, medics, police officers and business leaders. As a director of the Lifeline Nehemiah Project he oversees four schools, a 45-bed safe home and a vocational training centre that is working with 317 people in Sierra Leone's capital.

**"True forgiveness produces an amazing capacity for hope,"** and it is his belief that, former child soldiers would be the ones that would go on to rebuild a nation.

Five years ago, after attending Law School in the UK, PJ made the decision to follow his father's lead and work to rebuild Sierra Leone by investing in its disadvantaged youth. It is, he insists, **"Those that are written off who can be the biggest contributors to society,"**

Pj is no stranger to hardship in fact, during his childhood the school fees that were needed for his own education were used to help support the former young soldiers and he, had to do 'street-trading' to pay for food. Not easy, and at times, he admits, he felt resentful but now, he recognises that his unique upbringing taught him how enemies could become friends and that even children taught to kill could become valued members of society. **"True reconciliation," he says "starts with you and I."**

Last year, he was made a Queen's Young Leader and today, PJ is attempting to give unemployed Sierra Leoneans a reason for staying in the country and through the Lifeline Nehemiah project he is training 540 people in sustainable farming techniques in the village of Punduru, eastern Sierra Leone.

**If you would like to find out more about Pj Cole and how you can support the Lifeline Nehemiah project.**  
<http://lifelinenehemiahprojects.org/home>

### WHAT IS ONE YOUNG WORLD?

One Young World is a UK-based not-for-profit organisation that gathers young leaders from around the world to develop solutions to the world's most pressing issues.

### Who can be a One Young World Ambassador?

One Young World delegates are incredible young people aged 18-30 years old who have demonstrated not just leadership but a commitment to effecting positive change.

You can find out more about One Young World online:  
<https://www.oneyoungworld.com/>



No act of kindness, no matter how small is ever wasted: **Aesop**



**1WORLD-UNITE** - If you have any questions, why not get in touch [1world-unite.com](http://1world-unite.com)

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If you know of any change maker or organisation that you think we need to know about, get in touch