

# 1WORLDNEWS

Discover more about the world

Issue 4



1WORLD NEWS – HELPING YOU DISCOVER MORE ABOUT THE WORLD AND THE GLOBAL ISSUES YOU NEED TO KNOW ABOUT



## Human Rights. Everyone's rights.

We may not give them much thought as we go about our day-to-day lives, but human rights are everyone's rights...

In 1948 the United Nations General Assembly called upon countries from around the world to agree upon and adopt the first Universal Declaration Of Human Rights (UDHR)...

The Universal Declaration of Human Rights is a milestone document that set out a series of statements created to afford everyone, no matter who they were or where they lived with a series of 'absolute' fundamental rights and principles developed to ensure that each and every one of us would be treated with dignity, equality and fairness.

This Declaration is as important today as it was when it was first adopted and, in 1999 it set a world record for being the most translated document in the world with over 500 versions available. In fact the Universal Declaration is described as 'the foremost statement of the rights and freedoms of all human beings.' And it forms the very basis of the human rights act that we know today.

Yet, 70 years on and it seems we have not learnt from our past and not since the end of the Second World War has the world witnessed such numbers of people suffering from instances of conflict and war, extremism, persecution and human rights abuse. In fact, the United Nations refugee agency (UNHCR) put the figure at 65.6 million equivalent to the entire population of the UK.

**DID YOU KNOW:** Human Rights Day Is held on the 10th December every year and it promotes the rights and freedoms of peoples across the globe.

Discover more at [visionofhumanity.org](http://visionofhumanity.org)

It may seem hard to imagine, but 1 in every 113 people are affected by some sort of human rights abuse and, according to the United Nations refugee agency 20 people are forced to flee their home every single minute of the day. In fact, according to the International Peace Index, only 10 countries are free of conflict and war.

*What we have to remember is that although the world's refugees have lost their homes, livelihoods and countries, they have not lost their right to freedom, the right to be treated with dignity, to an education or indeed our respect.*



Dadaab - Kenya - UN refugee base; home to some 245,126 refugees - it is the second largest refugee camp in the world.

Human rights are global and are afforded to all people no matter who or where they are in the world. What we may not realise is that with 'rights', come responsibilities and these require us to act towards one another in a spirit of brotherhood and work together so we protect the lives and rights of the world's 'refugees' until such time that their towns and countries are safe enough for them to return so they can start to rebuild their shattered lives. *(cont'd over)*

WHAT WILL YOU DO TODAY? GET IN TOUCH. WRITE FOR US. MAKE A DIFFERENCE.

*Cont.d from page 1.*

As we look to the sustainable development goals and to what they stand for it is important that we begin to understand that they, like the universal declaration of human rights are designed to be adopted by everyone and, like human rights, they demand that each and everyone of us take responsibility for our lives and actions so that we can create a more just, more peaceful world where all life has equal value and diversity is celebrated not feared nor repressed. In fact goal number 16 will see us integrate peace, sustainable development and human rights throughout everything we do and it will start in education for education holds the key.

If you would like to discover more about refugees check out the United Nations High Commissioner For Refugees:  
**UNHCR [unhcr.org](http://unhcr.org)**



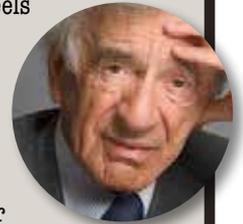
Throughout history there have been incredibly moving and exceedingly powerful speeches that serve to remind us of the strength of the human spirit and why human rights matter...

In 1999 Elie Wiesel a WWII holocaust survivor and Nobel Peace Prize winner addressed president Bill Clinton with a speech that is considered one of the most powerful human rights speeches in history.

### The perils of indifference.

“Indifference elicits no response. Indifference is not a response. Indifference is not a beginning; it is an end. And, therefore, indifference is always the friend of the enemy, for it benefits the aggressor - never his victim, whose pain is magnified when he or she feels forgotten. The political prisoner in his cell, the hungry children, the homeless refugees - not to respond to their plight, not to relieve their solitude by offering them a spark of hope is to exile them from human memory. And in denying their humanity, we betray our own.”

**Elie Wiesel** (30.9.1928 - 02.07.2106)



**Interested in human rights then check out [hrw.org](http://hrw.org)**

## WHAT CAN WE DO?

### We can make a stand and say no to bullying!

There is no place in the world for bullies. Bullying of any type is wrong, there are no excuses, and ‘sorry’ does not make it right, nor does it make it acceptable.

*Remember you are not alone. Do not suffer in silence if you need help, talk to somebody.*

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## WAYS TO BEAT BULLYING!

### 1 DON'T FIGHT BACK:

As hard as that may seem, the best thing to do when facing a bully is walk away; showing them your anger or frustration can often make things worse.

### 2 IGNORE THEM:

Again it may sound crazy, but ignoring them is one of the best things you can do. Bullies want attention so ignore them.

### 3 TELL SOMEONE:

If things are getting you down and you are feeling increasingly isolated, scared or vulnerable then tell someone - it doesn't have to be your parents, maybe a teacher, friend or mentor just take a deep breath and share your troubles. Trust me it helps.

### 4 MAKE NEW FRIENDS:

Sometimes all that is needed is an opportunity to meet new people, new friends and share common interests. So try joining a club and you may find that being with new people helps beat the bully.

### 5 BELIEVE IN YOU:

Learning to love ourselves is one of the most important lessons any of us can ever learn. Hard when we feel alone and vulnerable but believing that you are worthy, special and strong will help you walk tall.



**If you need help - we love these organisations [www.ditchthelabel.org](http://www.ditchthelabel.org) and [www.antibullyingpro.com](http://www.antibullyingpro.com)**

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